

House Cleaning: The Complete Checklist

Weekly

Kitchen

- Throw away spoiled food
- Wipe down countertops, stove, and hood
- Scrub the sink and faucet
- Wipe the small and large appliances
- Wipe grease and splatter from cabinets
- Wash dishcloths and towels
- Vacuum and mop the floor
- Vacuum area rugs and wipe anti-fatigue mats

Bathrooms

- Scrub the sink, tub, and toilet
- Wipe the vanity counter and clean the mirrors
- Wipe glass shower doors
- Wash soap dish and toothbrush holder
- Clear long hairs from the drain
- Vacuum and mop the floor
- Replenish the supplies

- Shake out the bath mats
- Empty the trash

Bedrooms

- Declutter
- Dust the furniture
- Wash the sheets
- Wipe smudges from furniture and mirrors
- Vacuum the floor
- Empty the trash

Living/Family Room

- Declutter
- Dust all hard surfaces
- Brush off couch cushions
- Vacuum soft furniture
- Vacuum the floor

Dining Room

- Declutter
- Dust all hard surfaces
- Wipe the dining room table and chairs
- Vacuum upholstered chairs
- Vacuum the floor

Garage

- Knockdown cobwebs
- Sweep the floors

Basement

- Declutter
- Wipe hard surfaces

- Vacuum soft surfaces and the floor

Throughout the House

- Vacuum entryway, hallway, and stairs
- Dust doors, door frames, window sills, blinds
- Declutter

Monthly

Kitchen

- Clean the top of cabinets and refrigerator
- Dust light fixtures
- Wipe the cabinets and drawers
- Clean the range hood and filter
- Clean the inside of the refrigerator
- Clean garbage disposal
- Run the oven self-cleaner
- Clean the inside of the dishwasher
- Throw away spoiled food
- Clean the microwave
- Clean the coffee maker
- Sanitize your trash and recycle bins
- Deep clean the floor

Bathrooms

- Deep clean every nook and cranny of the toilet
- Unclog the drains
- Clean bathroom vent fans
- Wipe the shower rod and rings
- Clean out the drawers and cabinets
- Sanitize the wastebasket

Bedrooms

- Wash pillows, blankets, comforter, and mattress cover
- Wash drapes and curtains
- Dry dust every hard surface
- Wipe picture frames and windows
- Wipe furniture
- Take inventory of your closet and donate old clothes
- Vacuum and mop the floor

Living/Family Room

- Wash drapes and curtains
- Dry dust every hard surface
- Vacuum the walls, ceiling, and baseboards
- Spray and wipe all hard surfaces
- Spot treat any stains on the rug or upholstery

- Vacuum underneath couches and mop the floor

Dining Room

- Wash drapes and curtains
- Dry dust every hard surface
- Spray and wipe all hard surfaces
- Clean behind and underneath large furniture
- Vacuum the walls, ceiling, and baseboards
- Vacuum and mop the floor

Garage

- Declutter
- Sweep the walls, ceiling, garage doors, and floor
- Clean and grease the garage door track
- Wipe shelves, appliances, and cabinets
- Clean motor oil stains on the floor
- Clean the entire floor

Basement

- Declutter
- Sweep the walls, ceiling, and floor
- Dust hard surfaces
- Wipe hard surfaces
- Vacuum the floor

Throughout the House

- Wash the trash barrel and recycle bin

- Declutter closets
- Wipe blinds and window sills
- Wash the inside of all windows

Yearly

Throughout the House

- Clean refrigerator coils
- Clean underneath and behind appliances, large furniture
- Deep clean your dryer
- Wash the exterior of your house
- Clean gutters and downspouts
- Declutter and dust your attic
- Vacuum your fireplace w/ an ash vacuum
- Vacuum all vents
- Declutter the garage
- Declutter the basement
- Mop the basement floor
- Declutter, organize, and clean medicine cabinet
- Steam clean carpets
- Steam clean tile floors
- Wash outside windows
- Wash interior walls